

Emergency Action Plan (EAP) – Mama Johnson Field

Location: 400 Jackson Street, Hoboken, NJ 07030

Applies to: All Hoboken Recreation Sports Activities at Sinatra Field.

LIFE-THREATENING EMERGENCY

If a **serious injury, medical emergency, or life-threatening situation** occurs:

- 1. Call 911 immediately**
 - Provide the dispatcher with:
 - Your name and callback number
 - The nature of the emergency
 - Exact location: 400 Jackson Street, Hoboken, NJ 07030
 - Additional info: entrance via SE Corner of 4th street
- 2. Designate an adult to meet emergency personnel** at the **field entrance** (16th Street) and guide them to the scene.
- 3. Do not move the injured person** unless they are in immediate danger (e.g., fire, electrical hazard).
- 4. Clear the area around the injured person.** Keep all non-essential personnel (players, parents) back.
- 5. Administer first aid or CPR** if trained and necessary, until help arrives.

AED Location:

South side of the field down the 3rd base line, on the HHA building just west of the bleachers.

MINOR INJURIES

For **non-life-threatening injuries**:

- Provide basic first aid (bandages, ice packs, etc.) found in first-aid kit issued to all coaches. If coach does not have a first aid kit, please check with field monitor
- Every Field monitor will have a first aid bag at the field
- Recreation staff or field monitor can assist if needed.
- Notify the child's parent/guardian promptly.
- Fill out an Incident Report (available from Recreation staff or field monitor).

WEATHER & FIELD CONDITIONS

Thunder or Lightning:

- **Clear the field immediately** at the first sound of thunder or sight of lightning.
- Follow the 30/30 Rule: Wait at least 30 minutes after the last thunderclap before returning to the field.
- Seek shelter in cars or nearby covered areas. Do not shelter under trees or open tents.

Unsafe Playing Surface:

- If the field is unsafe (e.g., flooding, exposed equipment), cancel play.
 - Field monitors or Recreation staff have the authority to suspend or cancel games.
 - Communication about cancellations or delays will go through **TeamSnap or other forms of communication.**
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EMERGENCY CONTACTS

Contact	Phone Number
Emergency Services	911
Hoboken Recreation Office	(201) 420-1334
Hoboken Police (Non-Emergency)	(201) 420-2100
On-site Field Monitor	On-Site

POST-INCIDENT PROCEDURES

- All injuries or safety issues must be reported to Hoboken Recreation.
- Incident reports should be submitted within 24 hours.
- Recreation staff will follow up with families or medical providers as needed.

HEAD INJURIES & CONCUSSIONS

- Remove player from play, immediately; if a **head injury or concussion** is suspected.
- **Do not return them to play** unless cleared by a medical professional.
- Notify the parent/guardian.
- File a **Head Injury/Incident Report** with Recreation staff.
- Follow CDC "Heads Up" concussion guidelines.

FIELD ACCESS & DIRECTIONS

- **Address:** 4th Street & Jackson Street, Hoboken, NJ 07030
- **Nearest Intersection:** 4th & Jackson Street
- **Emergency Vehicle Access:** Available via 4th Street, SE entrance (keep area clear)