## Emergency Action Plan (EAP) - Northwest Resiliency Field

Location: Northwest Resiliency Park, 1301 Jefferson Street, Hoboken, NJ 07030

Applies to: All Recreation Sports Activities held at this field

#### ▲ LIFE-THREATENING EMERGENCY

If a serious injury, illness, or life-threatening event occurs:

## 1. Call 911 immediately

- Clearly state:
  - Your name and callback number
  - Nature of the emergency
  - Exact location:

Northwest Resiliency Field, 1301 Jefferson Street, Hoboken, NJ 07030

- Access point for emergency personnel: Entrance at 13th Street & Jefferson
   Street
- 2. **Designate an adult** to meet EMS at the **13th & Jefferson gate** and guide them to the injured person.
- 3. **Do not move the injured person** unless they are in immediate danger (e.g., risk of further injury or exposure).
- 4. **Provide basic first aid or CPR** if trained and necessary.

## MINOR INJURIES

- Treat minor scrapes, sprains, or bumps using basic first aid kits on hand with coaches or Rec staff.
- Contact the player's **parent or guardian** as needed.
- Report all injuries to Hoboken Recreation staff and complete an Incident Report Form within 24 hours.

#### **⚠** WEATHER & FIELD CONDITIONS

## **Thunder or Lightning:**

Immediately stop all play and clear the field.

- All participants and spectators should **seek shelter in a car or covered area** outside the field (do not shelter under tents or trees).
- Wait **30 minutes** after the last thunder or lightning strike before resuming.

#### **Unsafe Conditions:**

 Recreation staff and/or field monitors have authority to cancel or pause activities due to wet turf, excessive heat, or other safety concerns.

## **L** EMERGENCY CONTACTS

Contact Phone Number

**Emergency Services** 911

**Hoboken Recreation Office** (201) 420-2012

Hoboken Police (non-emergency) (201) 420-2100

On-site Field Monitor Orange vest or badge

# HEAD INJURIES / CONCUSSION PROTOCOL

- Remove player immediately if a **concussion or head injury** is suspected.
- Do not return the player to play unless cleared by a medical professional.
- Notify parent/guardian.
- Complete and submit a **Head Injury Report** to Hoboken Recreation.
- Follow CDC "Heads Up" guidelines.

## **POST-INCIDENT PROCEDURE**

- All injuries, behavioral issues, or unsafe situations must be reported to Recreation.
- Submit written Incident Reports within 24 hours.
- Hoboken Rec staff may follow up with families or schedule meetings as needed.

### **FIELD ACCESS DETAILS**

Location: Northwest Resiliency Park Field

Address: 1301 Jefferson Street, Hoboken, NJ 07030

Emergency Access Point: 13th Street & Jefferson Street gate

Public Restrooms & Water Access: Located near the northwest side of the park

Important:

- Keep all access roads and gates clear for emergency vehicles.
- No vehicles may enter the field surface.