### Emergency Action Plan (EAP) - 1600 Park Field

Location: 1600 Park Avenue, Hoboken, NJ

Applies to: All Hoboken Recreation Sports Activities at 1600 Field

#### ▲ LIFE-THREATENING EMERGENCY

In case of a serious injury or medical emergency:

## 1. Call 911 immediately

- Give the operator:
  - Your name and callback number
  - The nature of the emergency
  - Exact location: 1600 Park Avenue Field, Hoboken, NJ 07030
  - Additional info: entrance via 16th Street between Park Ave & Willow Ave
- 2. **Designate an adult to meet emergency personnel** at the **field entrance** (16th Street) and guide them to the scene.
- 3. **Do not move the injured person** unless they are in immediate danger.
- 4. Keep non-essential people back.

Administer CPR or first aid if trained and necessary until help arrives.

### MINOR INJURIES

- Treat minor injuries with **on-hand first aid kits** (coaches should have one).
- Contact the player's **parent or guardian** if needed.
- Report any significant incident to Recreation staff and fill out an Incident Report Form.

## TWEATHER & FIELD CONDITIONS

### **Lightning or Thunder:**

- Clear the field immediately.
- Wait 30 minutes after the last sound of thunder or visible lightning before returning.
- Shelter in cars or covered structure near the restrooms (not under tents or trees).

#### **Unsafe Field Conditions:**

• Field monitor or Recreation staff may cancel or suspend play for safety.

• Communication about cancellations or delays will go through **TeamSnap**.

# **L** IMPORTANT CONTACTS

Role Contact

**Emergency Services** 911

**Hoboken Recreation Office** (201) 420-2012

Hoboken Police (non-emergency) (201) 420-2100

Field Monitor (on-site) Orange vest or Recreation badge

# HEAD INJURIES & CONCUSSION PROTOCOL

- Remove player immediately if a **head injury or concussion** is suspected.
- **Do not return them to play** unless cleared by a medical professional.
- Notify the parent/guardian.
- File a **Head Injury/Incident Report** with Recreation staff.
- Follow CDC "Heads Up" concussion guidelines.

#### **POST-INCIDENT PROCEDURE**

- All injuries or safety issues must be reported to Hoboken Recreation.
- Incident reports should be submitted within **24 hours**.
- Recreation staff will follow up with families or medical providers as needed.

#### **FIELD ACCESS INFO**

Address: 1600 Park Avenue, Hoboken, NJ

**Entrances:** 

- Main pedestrian entrance: 16th Street between Park Ave & Willow Ave
- Emergency vehicle access: via 16th Street must remain clear at all times